



NEW RESEARCH REVEALS:

Testosterone significantly improves menopause symptoms

Testosterone works in the brain and throughout the body

Newson Health research of 905 women already taking HRT has shown that many symptoms improve with taking testosterone



32%

Improved energy

35%

Improved sleep quality



47%

Improved mood



24%

Improved memory

Conclusion: More research is required, but this data suggests that testosterone should be considered for women taking HRT who continue to have symptoms



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